

# **SCHEMA**

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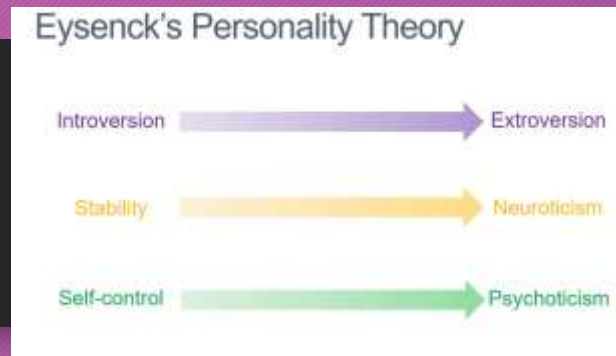
**Raniganj Girls' College**



# Personality Analysis

Personality description of a movie's characters in the light of Freud and Eysenck's perspective of personality.

# ❖ EYSENCK'S THEORY:



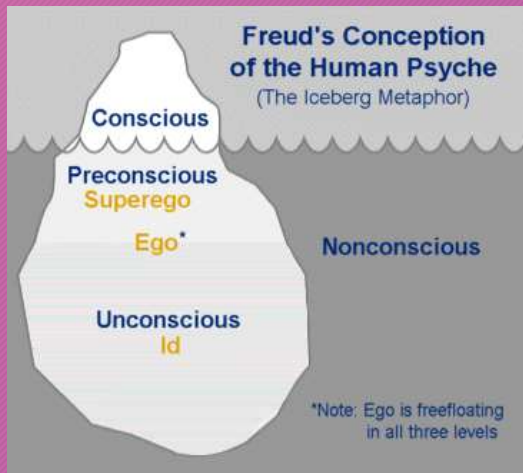
- Eysenck's theory of personality is a type theory focused on temperaments, which he believed were largely controlled by genetic influences. He utilized a statistical technique known as factor analysis to identify what he believed were the two primary dimensions of personality: extraversion and neuroticism. He later added a third dimension known as psychoticism. However, all these types are bipolar, extraversion opposed to introversion, neuroticism opposed to stability, psychoticism opposed to superego.

- **EXTRAVERSION:** An extravert is commonly described as an outgoing, expressive person, but the technical definition described by Eysenck is more complex. Extraversion is a combination of sociability, impulsiveness, general activity, and overt sexuality. According to Eysenck, the impulsiveness associated with extraversion is most likely hereditary (a temperamental trait), whereas the sociability aspect of extraversion is more likely to be influenced by one's environment. Extraverts are optimistic, quick-witted, lively, active, talkative, excitable, restless and outgoing whereas, Introverts are exactly opposite to extroverts, they are quiet, passive, unsociable, careful, reserved, pessimistic, peaceful, sober and thoughtful.

- **NEUROTICISM** refers to one's emotional stability. It incorporates mood swings, poor emotional adjustment, feelings of inferiority, a lack of social responsibility, a lack of persistence, issues of trust vs. suspiciousness, social shyness, hypochondria, and the lack of relaxed composure. Neuroticism raises the intensity of emotional reactions. Since it is a function of the reactivity of the autonomic nervous system, it is an inherited characteristic. Individuals who measure high in neuroticism are more likely to suffer from neuroses, but high neuroticism is not necessarily less desirable than low levels of neuroticism. For example, creativity can benefit from an individual being highly emotional. On the clearly negative side, high levels of neuroticism have routinely been found in criminals, perhaps because whenever an individual has antisocial tendencies, a high level of neuroticism enhances their fear/anxiety responses and functions as a powerful, albeit dysfunctional, drive. Thus, neurotics overreact to even mild forms of stimulation. Low scorers of neuroticism are comparatively more stable when it comes to controlling emotions and anxiety.

- **PSYCHOTICISM** was added to Eysenck's theory well after identifying extraversion and neuroticism, and it is the least clearly defined or heritable of the three superfactors. It incorporates traits of dominance-leadership, dominance-submission, sensation seeking, and the lack of a superego. Children who score high on a measure of psychoticism tend to have behavior problems and learning difficulties, they become loners, skip school, commit crimes, and are generally disliked by teachers and peers. They are egocentric, cold, hostile, antisocial, aggressive and suspicious. Whether as children or as adults, they do not typically benefit from traditional psychotherapies or counseling, as there tends to be a paranoid, suspicious barrier. Interestingly, whether or not these children become criminals as adults seems to depend on how they score on the other two superfactors. High neuroticism seems to be the factor which makes juvenile delinquency a habit that persists into a life of crime. This dimension of one's personality is independent of the other two. Low P scorers are empathetic, caring, cooperative and highly socialized.

# ❖ FREUD'S PSYCHO-ANALYTICAL THEORIES:

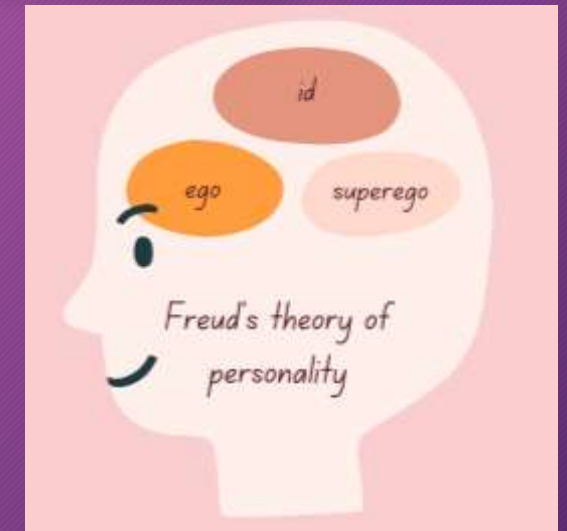


• Freud gave 3 theories:-

➤ Levels of mind.

➤ Structure/Provinces of mind.

➤ Psychosexual stages of development.



# I. LEVELS OF MIND:

- In Freudian theory, the human mind is structured into two main parts: the **conscious** and **unconscious** mind. The unconscious in turn has 2 different levels, the unconscious proper and the **preconscious**. The conscious mind includes all the things we are aware of or can easily bring into awareness. The unconscious mind, on the other hand, includes all of the things outside of our awareness—all of the wishes, desires, hopes, urges, and memories that lie outside of awareness yet continue to influence behavior.



## II. PROVINCES OF MIND:

The Freudian theory also divides human personality up into three major components: the id, ego, and superego.

- The **id** is the most primitive part of the personality that is the source of all our most basic urges. This part of the personality is entirely unconscious and serves as the source of all libidinal energy.
- The **ego** is the component of personality that is charged with dealing with reality and helps ensure that the demands of the id are satisfied in ways that are realistic, safe, and socially acceptable.
- The **superego** is the part of the personality that holds all of the internalized morals and standards that we acquire from our parents, family, and society at large.

### *III. PSYCHOSEXUAL STAGES OF DEVELOPMENT:*

Freudian theory suggests that as children develop, they progress through a series of psychosexual stages. At each stage, the libido's pleasure-seeking energy is focused on a different part of the body.

The five stages of psychosexual development are:

- **The oral stage:** The libidinal energies are focused on the mouth.
- **The anal stage:** The libidinal energies are focused on the anus.
- **The phallic stage:** The libidinal energies are focused on the penis or clitoris.
- **The latent stage:** A period of calm in which little libidinal interest is present.
- **The genital stage:** The libidinal energies are focused on the genitals.

The successful completion of each stage leads to a healthy personality as an adult. If, however, a conflict remains unresolved at any particular stage, the individual might remain fixated or stuck at that particular point of development.

A fixation can involve an over-dependence or obsession with something related to that phase of development. For example, a person with an "oral fixation" is believed to be stuck at the oral stage of development. Signs of an oral fixation might include excessive reliance on oral behaviors such as smoking, biting fingernails, or eating. A person with anal fixation receives satisfaction by arranging things in an excessively neat and orderly fashion.

MOVIE:-



# ZINDAGI NA MILEGI DOBARA



## *MOVIE'S STORYLINE:-*

The film's story follows three childhood friends, Arjun, Kabir, and Imran, who reunite for a three-week road trip. They set off to Spain and meet Laila, who falls in love with Arjun and helps him overcome his compulsion to work. Kabir and his fiancée Natasha experience significant misunderstandings, while Imran wishes to meet his biological father, an artist. During their trip, each friend chooses a dangerous sport for the group to partake in. The trip changes their perception about life with many unforgettable experiences and a lot of self-realisation.

## CHARACTERS:

- ARJUN SALUJA , (played by *HRITHIK ROSHAN*) is one of the main characters, He is a workaholic, has an exceptionally high paying job. He lives alone in London. He is characterized as materialistic who values money more than anything. He is boastful and considers others inferior. Always plans for the future and does not live in the moment. He values money and his work more than his close ones. He buries his emotions deep inside himself and does not like to share his problems. He is a good observer , tries to adjust with people, is a helpful and thoughtful friend. He loves adventures and is willing to try new things. He wants to maintain his image as a grownup unlike his friends but his this desire is sometimes driven by his other 2 friends' goofiness.

- **KABIR DEWAN** (played by *ABHAY DEOL*) personifies a decently settled, well-grounded, calm urban guy whose intrinsic world is more enriched than the world outside. He is firmly grounded, method-prone, well-organized and keeps an eye for details. A thorough gentleman who behaves with females in exemplary tones of courtesy and respect. He doesn't want to hurt Natasha's feelings, and accepts her proposal to save her from getting embarrassed in front of her family. Kabir has a past, few shades of which he likes to hide. He believes in keeping the tragedies of his life under tight sheaths. He is a top-notch prankster. He avoids situations that can lead to confrontations. He is curious at heart. He loves to to enjoy a drink, to capture moments by his lens, to sing songs, to read books, to explore the world, to do activities that are meditative for him.

- **IMRAN QURESHI** (played by *FARHAN AKHTAR*) is a playful and cheerful character who loves to play around does not think much before doing anything and takes life in a light fashion. He is a writer as shown in the movie who works as an copywriter for advertisement but apart from this he also loves to write poetries. He has interest in art and sporty activities. Loves to joke a lot. He values money and knows the worth of things but also does not like spending hefty amounts for something which can easily be bought for cheap. Overall we can say he is an artistic person who lives in the moment tries to be happy but also has a dark past.
- **LAILA** (played by *KATRINA KAIF*) is also one of the main characters whose entry takes place after the other three. She is an anglo-Indian who lives in London and met the three boys on a beach in Costa Brava. Later on it's revealed that she is their trainer for scuba diving and from here she partially joins them on their trip and become friends with them. Laila is a lively girl who is fun loving, enjoys and lives life to its best. She is sweet and helpful with a has a charming nature. Her perspective of life is different from others. At the end, we can see her marrying arjun.



# PERSONALITY ANALYSIS ACCORDING TO EYSENCK:

1. ARJUN- After observing him, we can say that Arjun is an Introvert. He is quiet, kind of pessimistic, reserved, unsocial, passive, does not open up much and talk about himself. Moreover we can also see that he is irritated easily and can be emotionally aroused quickly. Which are all signs of being an introvert. However, he enjoys a lot with his friends whom he has known for years. He is very formal with everyone.

In terms of neuroticism we can say that arjun is an above average neurotic. Time to time he gets anxious regarding things like his past relations , his work, his childhood and dont want to talk about such things. He gets angry and pissed easily, suffers from aquaphobia which he later overcomes. He overreacts sometimes like when Imran through his phone out of car window, he got very angry and anxious.

Arjun also seems to be a high scorer of Psychoticism as his action matches with those of a psychotic person. Arjun is sometimes egocentric, cold, antisocial, aggressive, impulsive, who likes to be on his own terms and dislikes when someone tells him what to do. There are incidents which shows how much he values money and materialistic things more than people. He brags about his status and sometimes unknowingly insults the other person without caring what he/she might feel.

2. KABIR – According to my observation, I would say Kabir is neither too much extrovert nor introvert, he is more of an ambivert. This can be said because we can see that Kabir is fun loving, calm, loves to play pranks with others, he is also not antisocial but at times he is sober too, he does not show his true emotions neither he is aggressive or impulsive, whatever he do he make sure it's for the betterment of others. He prioritize his family and friends, whenever the situation is demanding he stays cool and calm and acts responsively. Also we can see that whenever his friends fight, he is the one who handles the situation. He is not hyped up and take things in an easy way. When it comes to others he is the most stable person but when it's about himself, he is always confused and becomes anxious. He was not sure whether he should marry Natasha or not cause he did not want to hurt her by denying, so he ignored what he really wanted and agreed to marry her which shows he always keeps others before himself. There's a scene where we can see that he gifted Natasha a very costly handbag although he does not seems to be a person who values unnecessary costly accessories but still he does so to show his affection towards her by surprising her and to also assure himself that he loves her, he tricks his own mind by doing so. He tries his best to avoid conflicts, is peaceful, controlled and even tempered which hints that he is a quite stable human being. In regards with psychoticism, I'll say that Kabir is a below average scorer cause he is caring, cooperative and empathetic.

**3. IMRAN**-The one who entertains everyone by doing funny things, is outspoken, socializes with everyone, attracts others attention by his charming behavior and good speaking skills, is friendly, chill, always excited, does not mind and take things in a light manner, is for sure an Extrovert. He has all the qualities of being an extrovert however we know that no one is purely an introvert or extrovert, we can see that sometimes he is also low and worried and is not able to express himself especially when it comes to his family matters. Like the other 2 he also has some messy family history which makes him upset and anxious but he tries his best to ignore those things and let the past be in the past and tries his best to focus on the good things of present which is in front of his eyes. He is too much carefree and has an obsession for cars. On the basis of his qualities, we can say that he is just above average neurotic cause he is also aggressive sometimes and an average psychotic who values his friends and relations and also himself rather than worrying about those who left him before.

4. LAILA- Laila is a lovely, helpful, kind hearted and fun loving girl who wants to enjoy and live life to the fullest. She loves meeting new people, wants to experience new things, expects surprises from life and are ready to face them, she is optimistic, daring, easy going, sociable, carefree, confident about the things she do, she loves to live in the moment and gets inspired by life. Once she stated that she does not know how to regret which means she does what she wants and never misses any chance which life provides. She is a simple girl with lot of dreams who loves to stay grounded, adjusts well with anyone, is well mannered, thinks positively and always tries to bring out the best of everyone which makes her the most stable person as compared to other characters. It can be concluded that she is a stable extrovert or we can say sanguine who tends to score low on the Psychoticism scale also.

# PERSONALITY ANALYSIS ACCORDING TO FREUD:

- ARJUN- On the basis of Freud's theories we can say that arjun's superego is more dominant as compared to his ego and id. He is moral oriented, is a perfectionist who seeks perfection in everything and cannot compromise. The scene where it is shown that all of them are packing their belongings for the trip, we can see the difference between arjun and Imran's packing, arjun's things like his ties, shoes and other outfits are well arranged in his cupboard and he also packs his bag very neatly whereas Imran is just opposite. This habit of his shows that he has anal fixation. Throughout we can see that he dresses nicely and neatly and grooms himself well. He tries to suppress his anxiety of his unsuccessful past relations. His father dies when he was young leaving a lot of debt on her mother, this trauma might be a reason why he values money so much and why his nature is cold and tough.

2. KABIR – In Freud's light, we can say Kabir is a ego dominative person, i.e. reality oriented. He acts according to the situation, does not panics and also mend his ways according to what the situation demands, he adjusts himself well. At the starting of the movie we can see how Natasha misunderstood Kabir's gift for his mother to be for her and this created an environment full of joy and happiness for both the families, Kabir did not revolted at that time because he did not wanted to ruin everyone's mood and hurt natasha however he told the truth to natasha and proposed her for marriage even though he himself was not ready for it. This clearly indicates that he works according to the situation and has no such rigid rules for life. His affection towards his mother which he expressed by buying an expensive ring for her shows that he is close to her and also hints us about his repressed Oedipus complex which he might have experienced in early childhood. Defense mechanisms like denial and projection are sometimes reflected in his behavior throughout the movie.

3. IMRAN – There are many incidents which shows that Imran's id is dominant over the other two. He is pleasure oriented. We can see that Imran likes to enjoy a lot and never thinks twice before doing anything, he never sort what is right and what is wrong and acts according to what he wants, he is kind of irresponsible also. Easily drawn towards girls and following his instincts every time is his characteristics. We can see in the plot how he betrayed his friend arjun by cheating on him for his own pleasure and happiness without thinking what will be the outcome of his actions is the best example of him being id dominant. He can risk anything, even his childhood friendship when it comes on himself. He is clumsy and untidy which indicates that he is an anal-expulsive individual. He experiences anxiety regarding his biological father and his mind tries to repress his anxiety but he faces his father and figures out everything himself so that he won't regret things later. This shows his brave and curious nature. He does not has a very soft corner for his mother but respects her decisions and tressures her.



4. LAILA- Much of Laila's background and past is not shown in the movie so we cannot conclude how was her childhood and how is her relation with her parents. But by seeing her behavior and nature we can say that she is also an ego dominant person who is realistic and acts according to the situation. Such humans are psychologically healthy. She is not instinctive and uses her senses to respond. She also appears as a person who maintains cleanliness and thus shows her anal fixation.

## *SUMMARY:-*

To summarize my observation, I would like to give an overall account of each character's personality:-

- *ARJUN* – He is a neurotic, psychotic introvert whose superego is strong due to which we can say he is balanced and knows very well what to do and what not to do. Even though his psychotic trait is high, he will not do anything wrong due to his morals. He appears cold, rough and tough and emotionless but deep down we can see that he pretends to be like this to hid his emotions from the exterior world, he does so to protect himself as he has faced harsh realities in childhood. He is a very intelligent person and hence a successful man who can speak many languages.

- *KABIR* – He is an ambivert who is below average neurotic and psychotic as well. His personality is balanced as he is oriented by his ego but the only thing which lacks is his decision making skills, he is quite confused and sacrifices himself a lot for others. He tends to handle things on his own and ignores his own emotions and will a lot.
- *IMRAN* – A neurotic extrovert who is somewhat psychotic, Imran has no harmful intentions for anyone even though he works according to his id principles, this is due to his optimistic nature and his power to face reality and accept openly what he do. I think his superego is not very much weak as compared to his id but his extrovert nature gets added to his Id and hence makes him pleasure oriented.

- LAILA – Extroverted, stable and ego oriented girl whose morals also equally support her but she never let them be dominant on her, Laila is a self controlled girl whose negative or weak side is not shown to us in the movie. A human who values relations and life more than work and other worldly objects, she is shown as an ideal person who does not normally exists in real life. But her role is important as she contributes in changing the perception of those 3 friends during their trip.

**THE END**

**THANK YOU**